

MEETING OTHER GENERATIONS-HOW TO LIVE TO BE 100- GENERATION GAP

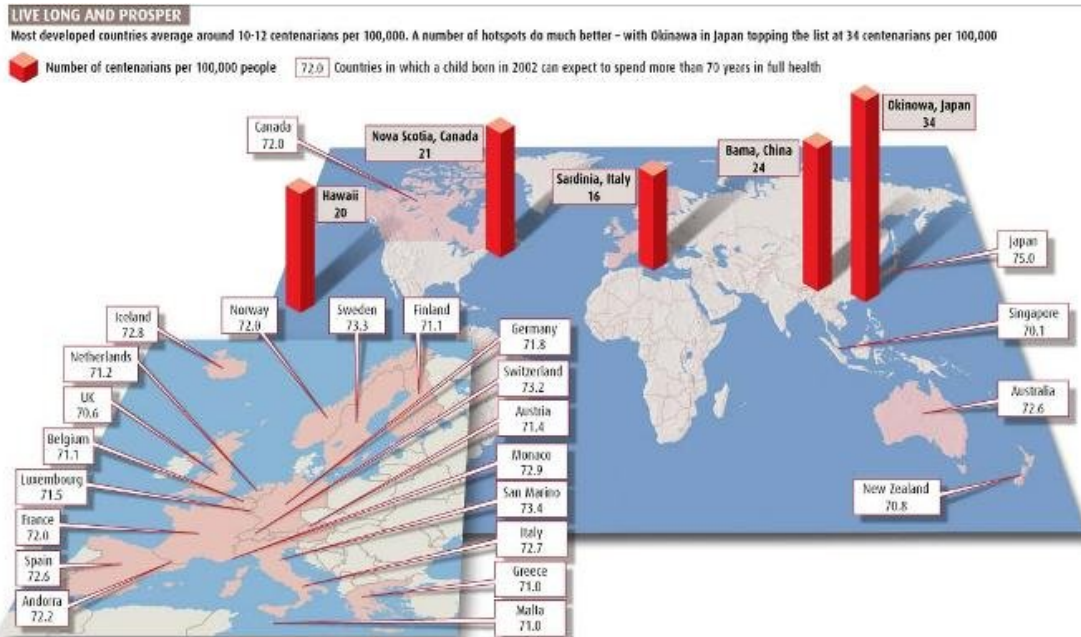
Using a copy from Unit 14 in Headway elementary

1. Who is the oldest person you know? How old is she/he? What do you know about their lives? Why do you think they have lived so long?

This topic was raised in class 9b a specialised English class- on elementary level. Most of the students know at least one old person- their grandparents. They are around 70. We were guessing the secret of living long. Their ideas: healthy diet, fruit, vegetables, onion, moving, doing exercise, walking, no stress, sleeping a lot, family- loved ones around, living in the country, organic food, no smoking, no alcohol



2. As a warm up activity to the texts about old people some words needed to be classified. Pretaught pneumonia, ambulance driver rheumatic fever etc.
3. Reading Introduction to the texts: Are similar facts true for your country?: no, only few people live to 100 in Hungary.
4. Working in groups: Reading the texts, understanding, translating them.
5. Summarizing the texts for the others .
6. Answering the questions in exercise 4, while the others are listening to them.
7. Look at the Website: <http://www.time.com/time/covers/1101040830/being100/index.html>
Read about other old people from TIME magazine.
How to reach the age 100: <http://www.readersdigest.ca/mag/2003/05/hundred.html>



8. What shouldn't an old person do? Work, lift up things, fly, climbing up the ladder, driving a car, no alcohol, not living isolated, family- friends around

9. Generation gap:

The **generation gap** is a popular term used to describe differences between people of a younger generation and their elders, especially between a child and his or her parent's generation. The term first became popularized in Western countries during the 1960s and described the cultural differences between the young and their parents.

Although some generational differences have existed throughout history, because of more rapid cultural change during the modern era differences between the two generations increased in comparison to previous times, particularly with respect to such matters as musical tastes, fashion, culture and politics. This may have been magnified by the unprecedented size of the young generation during the 1960s, which gave it unprecedented power, and willingness to rebel against societal norms.



Is there a generation gap in your family? What are these? : differences in music, rules, freetime, opinion

But good relationship is important!

10. Do you want to live long? Would you like to live to be 100? Why? Why not?

Health is more important than living long, want to see the future generations, the next century



11. Moral: **Respect old people then they will respect you too. Help them in case you need their help whenever. 10 amendments(6th): "Honor your father and your mother..."**